



Irish Cancer Society



Cyclist.ie,
Tailors Hall,
8 Back Lane,
The Liberties,
Dublin 8.

Mr. Shane Ross, T.D.,
Minister for Transport, Tourism & Sport,
Leeson Lane,
Dublin 2.

9th April 2019

Re Active Travel, Health and the Climate Action Plan

The optimal way to meet the objectives of *Get Ireland Active* is to incorporate active travel measures into the forthcoming Climate Action Plan.

Dear Minister Ross,

On behalf of Cyclist.ie, (the Irish Cycling Advocacy Network), the Irish Pedestrian Network, the Irish Heart Foundation, the Irish Cancer Society, Diabetes Ireland, Irish Doctors for the Environment, the Association of Health Promotion Ireland and Professor Donal O'Shea, National Clinical Lead for Obesity, I am writing to ask you to meet with us prior to the publication of the All of Government Climate Plan. We understand that this is due to happen before Easter. We wish to present you with an open letter which is addressed to An Taoiseach, Mr Varadkar, to you as Minister for Transport, to Richard Bruton, Minister for Climate Action, to Simon Harris, Minister

for Health, and to Catherine Byrne, Minister of State at the Department of Health, and to ask all of you to ensure **that concrete measures to facilitate active travel will form an integral part of the new Climate Action Plan.**

The ground-breaking Joint Oireachtas Committee on Climate Action (JOCCA) Report makes a very strong case for active travel with the statement - "active travel measures are also among the most cost-effective emissions reduction strategies". Our particular focus is how this needs to happen on health grounds. There is overwhelming evidence that lack of physical activity is a contributory cause in a host of debilitating chronic illnesses, including heart-disease, stroke, some cancers and diabetes. Hence the endorsement of our letter by all of the above health bodies.

Population health outcomes are as much a responsibility of the Department of Transport, Tourism and Sport as they are of the Department of Health. Three years ago, both departments jointly published **The National Physical Activity Plan, Get Ireland Active**. The objectives of the National Physical Activity Plan and the forthcoming All of Government Climate Action Plan are inextricably linked. **Get Ireland Active** lists 5 guiding principles for its work, the first of which is – **creating increased opportunities for people to be active in ways which fit in to everyday lives and which suits individual needs, circumstances and interests.**

Action area 4 of the Plan *Environment*, states” **Promoting walking and cycling as modes of travel has benefits for air quality and reducing CO₂ emissions, it reduces traffic congestion and noise pollution and can make better use of land.**

Currently there are many barriers to active travel which the current version of the National Mitigation Plan does little to address. Addressing them in the new plan is your responsibility, Minister. We are aware that the walking and cycling budget is increasing this year but planned expenditure comes nowhere near the 10% level for cycling demanded by Cyclist.ie in its Pre-Budget Submission 2019 and endorsed by the JOCCA.

The Government now has a golden opportunity for joined-up action. By growing active travel, it can support Climate Action by reducing transport emissions. At the same time, it can help to achieve the objectives of *The National Physical Activity*

Plan and the *National Cycling Policy Framework (2009)* (NCPF) which set a target of 10% of commuting trips made by bicycle by 2020.

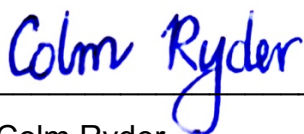
The JOCCA report stresses the health and environmental benefits of active travel and urges the Department of Transport to resurrect its Smarter Travel and NCPF ambitions. We are aware that your department is conducting a review of Public Transport which will incorporate the NCPF and that this review is due to go to public consultation shortly. However, the Climate Action Plan is due to be published imminently so we are concerned that it won't contain sufficiently robust measures to prioritise active travel.

We urge you, Minister, to recognise the health benefits of active travel, to ensure that active travel targets are embedded in the Transport component of the Climate Action Plan and that funding for these will be made available on a multi-annual basis.

We trust you will find time to meet with us and accept the full version of our letter which is based on our examination of sections of the current *National Mitigation Plan* and associated 2018 Annual Transition Statement, *The National Physical Activity Plan*, successive Healthy Ireland Surveys, evidence from the Institute of Public Health, the CSO National Travel Surveys and our own Pre-Budget Submission 2019.

Tim Collins, CEO Irish Heart Foundation, Professor Donal O' Shea, HSE Clinical Lead for Obesity, Averil Power, CE Irish Cancer Society, Kieran O'Leary, CEO Diabetes Ireland, Dr Aoife Kirk, co-founder Irish Doctors for the Environment, Dr. Patricia Heavey, Chair Association for Health Promotion Ireland, and Neasa Hourigan, Irish Pedestrian Network co-founder, all endorse this letter and our request for a meeting.

Yours sincerely,



Colm Ryder

Chairperson: Cyclist.ie (Tel: 087 237 6130)



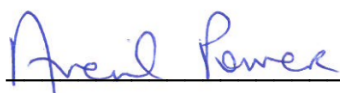
Tim Collins

CEO: Irish Heart Foundation



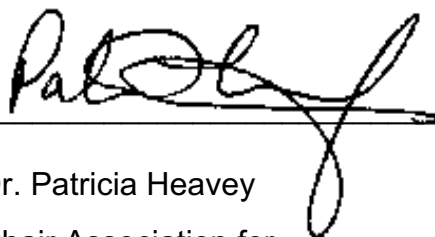
Kieran O' Leary

CEO Diabetes Ireland



Averil Power

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Dr. Patricia Heavey

Chair Association for
Health Promotion Ireland



Neasa Hourigan

Founder: Irish Pedestrian Network

Professor Donal O'Shea

HSE Clinical Lead Obesity,
Honorary President Cyclist.ie.